

7. The Solarium

Hello. This is Toni, again.

The Solarium is a beautiful setting in the heart of the Lobby. It is also the heart of BEingThere.net. This is because this is the first invitation to share your emotions, the first step in the Path of Emotion that is described in the book, Feeling Your Way Along.

Sharing emotions requires certain skills that are learned as you do it. The first set of skills is in how you talk about emotion. The second set of skills is in how you listen to others when they are talking about their emotion.

BEingThere.net is a place where you learn emotional skills, even as you enjoy the benefits of mingling with other people who are interested in their personal growth.

Many areas in BEingThere.net provide an environment for discussing specific issues in life that contribute to Higher Consciousness. They can be very useful for better understanding and insight.

The Solarium is a place for direct learning of emotional expression, emotional discovery and emotional exploration. You will learn some of the basic emotional skills, and get to practice them.

These are what every person needs to build better relationships, to know himself or herself better, and to deal more effectively with issues that arise in life.

This all begins here in the Solarium when you become a member of BEingThere.net.

Now. let's move on to the next stop on our tour, the Hearth.